

# EUSTACHIAN TUBE BALLOON DILATATION – A NEW TREATMENT FOR EUSTACHIAN TUBE DYSFUNCTION

Eustachian tube dysfunction is a common problem, which affects as much as 1% of the population. Individuals complain of the following symptoms:

**Pressure in the ears**

**Ear pain**

**A feeling of being “under water”**

**Ear problems after a cold or sinusitis**

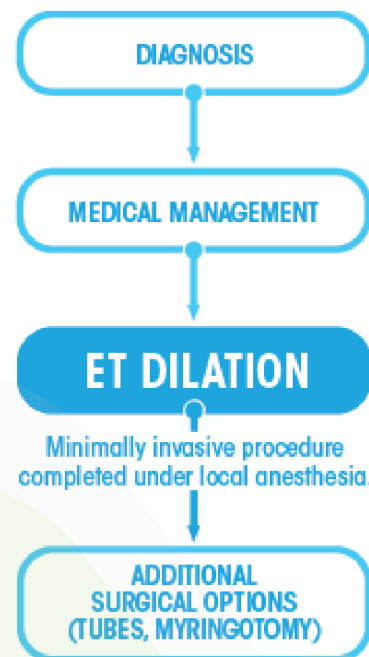
**Cracking and popping sounds in the ears**

**Tinnitus**

**Hearing loss or a muffled hearing**

Symptoms are thought to occur due to inflammation and narrowing of the Eustachian tube which links the middle part of the ear with the back of the nose.

Current treatments include the use of over the counter ear inflation devices or topical nasal steroids, which in some cases only provide limited or temporary relief. Alternatively, some individuals will require surgery to insert ventilation tubes (grommets). Surgery can cause other problems such as changes to the eardrum, ear pain or tinnitus.



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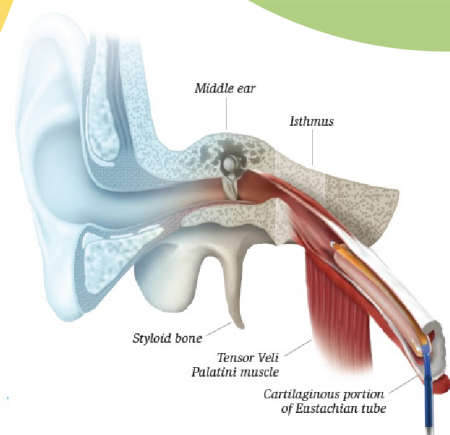


## A NOVEL APPROACH TO TREATMENT OF A COMMON CONDITION

Recently a new treatment has been introduced which involves dilating the Eustachian tube using a minimally invasive approach that can be conducted under local anaesthesia or a short general anaesthetic with only a 2-hour recovery period after.

### PROVEN EFFECTIVENESS AND SAFETY PROFILE

Clinical studies have examined the safety and effectiveness of Eustachian tube balloon dilatation. These studies have demonstrated high rates of technical success along with a very low incidence of adverse events. There were no occurrences of serious adverse events related to Eustachian tube balloon dilatation reported, with most being minor or transient.



### APPROVED FOR USE AT SPIRE GATWICK PARK HOSPITAL

Mr Khemani would be happy to assess suitability of patients for balloon dilatation in his private clinic at Gatwick Park Hospital via direct GP referral. Enquiries can be made by contacting Mr Khemani's private secretary on **01444 416225** or via his website **[www.entsurrey.com](http://www.entsurrey.com)**.